

Suggested Author questions for *The Reason Why*

- **The Catalyst**
Your dog Lucky's "accidents" literally forced you to slow down and ultimately inspired you to write this book (Part I) . Can you share more about how those moments shaped your decision to become an author?
- **Early Psychic Encounters**
In Chapter 1, you describe a life-changing psychic reading with Donna, who foretold both your son's survival and your future marriage. How did that first experience alter your own belief in intuition and the unseen?
- **The Pact with God**
Your visceral encounter in the ICU, when you sensed your grandfather's presence and vowed to serve God if your son survived, is profoundly moving (Chapter 2). How has that "pact" guided your work ever since?
- **Healing Energy**
You write about spontaneous energy work— "The Hands"—that sometimes felt like a presence beyond you (Chapter 3). How do you distinguish your own intention from what you experience as divine energy?
- **Hypnosis as Exploration**
After training in massage, you dove into hypnosis (Chapter 4). What drew you to clinical hypnosis, and how did it expand your understanding of trance and healing?
- **Priority of the Subconscious**
In several client case studies—like Jack's rage release and reconnection (Chapter 4)—you illustrate how the subconscious always goes where it most needs to go. How do you balance client goals with "priority" deeper work?
- **Past-Life Revelations**
The story of Bill's past life as John McBride and its link to his paralysis (Chapter 5) is astonishing. What shifts in your practice occurred after witnessing such a direct mind-body connection across lifetimes?
- **Part I vs. Part II**
You note that Part I is early memoir and Part II reflects twenty-five years later (About This Book). What differences in voice or insight emerged between these two writing periods?
- **Soul Family & Divine Plans**
In Part II you explore soul families, Akashic Records, and Divine Plans (Table of Contents). How do you guide readers to distinguish their own soul contracts from cultural or familial expectations?
- **Life Between Lives**
You describe meeting Michael Newton and his "Journey of Souls" work (Chapter 15). How did collaborating with his research influence your understanding of the life-between-lives?
- **Experiential Exercises**
Part III is full of "Do-It-Yourself" meditations—from Past Life to Higher Mind Spa (pp. 191–195). Which exercise do you find most transformative for newcomers, and why?
- **Book Club Engagement**
You've provided Book Club Discussion Questions (p. 207). When you join a book club discussion, what surprises you most about how readers interpret your stories?

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- **Teaching as Destiny**
In your Conclusion to Part I, you recount a vision of yourself teaching “Divine Plans” at a podium (Conclusion Part I). How has that vision continued to manifest in your lectures and workshops?
- **Navigating Skepticism**
Many clients—like Maureen, the “left brain” engineer—arrive skeptical of past-life work (Chapter “Case Study: Maureen”). How do you create a safe space for doubt and discovery?
- **Your Ongoing Mission**
Looking back on your 35 years of practice (About the Author), what key lessons do you still seek to learn, and what’s next on your own divine plan?