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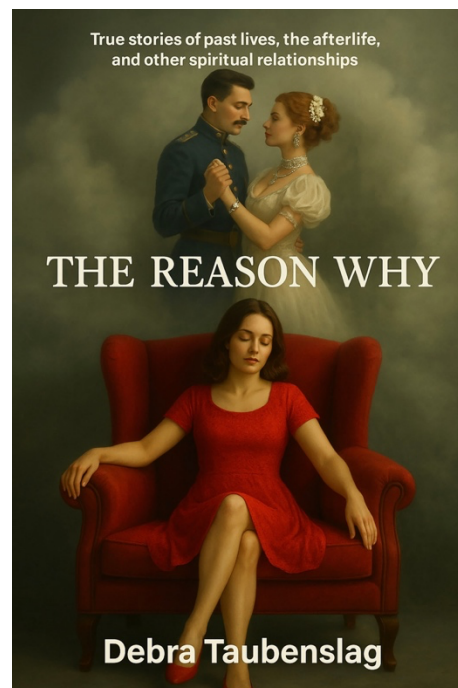
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New Book “The Reason Why” Shares True Stories of Past Lives and Spiritual Awakening

EAST BRUNSWICK, N.J. — Author and transpersonal hypnotist Debra Taubenslag invites readers to uncover the spiritual forces that shape their lives with the release of her new book, *The Reason Why: True Stories of Past Lives, the Afterlife, and Other Spiritual Relationships*, available July 15, 2025.



Part memoir, part how-to guide, *The Reason Why* offers dramatic case studies and practical tools for connecting with spirit, exploring soul contracts, and understanding one's divine purpose. Drawing from over 35 years of experience as a spiritual counselor and certified hypnotherapist, Taubenslag presents real stories of healing that empower readers to break free from fear, grief, and the emotional numbness of a “mid-life autopilot.”

“Reading this book is like receiving a soul-level wake-up call,” said Taubenslag. “If you've ever wondered ‘Why me?’—this is your answer.”

Highlights of *The Reason Why* include:

- Guided techniques to connect with deceased loved ones, guides, and angels.
- Hypnosis scripts for exploring past lives and soul missions.
- Insights into how spiritual contracts influence personal growth.
- Tools for self-discovery and spiritual empowerment.

Early praise for the book comes from the *International Hypnosis News Journal*, which calls it “an extraordinary, mind-blowing memoir of healing that connects you directly with spirit.”

For more information, visit www.debrataubenslag.com or contact Debra Taubenslag at deb@debrataubenslag.com.

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